

# Ku Daaweynta Duugduugmada

[ridgewater.edu/massage](http://ridgewater.edu/massage)



Xarumaha kulliyadda ee Hutchinson iyo  
Willmar

## Barnaamijka

Daaweynta Duugduugistu waxay siisaa fursado kala duwan ardayda danaynaysa inay noqdaan daaweeyaha duugduugista.

Baro farsamooyinka duugduugista ee loo isticmaalo jirka oo dhan, qayb jirka ah, iyo duugduugista kursiga fadhiga ah. Baro farsamooyin kala duwan oo gaar ah:

- Duugduugista Iswiidhishka
- Farsamooyinka daaweynta duugduugista
- Siidaynta muruqyada wejiga
- Ku daaweynta Dhagaxa Kulul

Khibrad ku hel sidoo kale:

- Toobinka
- Daaweynta Taageerada
- Saliidaha Muhiimka ah
- Duugduugista Ciyaraha

Koorsooyinka barnaamijku waxay daboolayaan aagagga la xiriira xubnaha jirka, iyo hab shaqaynta jirka iyo cudurada duugduugista, howlgelinta ganacsiga, mowduucyo caafimaadka guud oo la falgal le, xiriirka iyo suuqaynta, iyo khibrada bukaan socodka ee Xarunta Duugduugista Ardayda ee Ridgewater.



Iskuul loo qoondeeyey iyada oo loo marayo National Certification Board for Therapeutic Massage & Bodywork (Guddiga Shahaadaynta Qaranka ee Daaweynta Duugduugista & Shaqada Jirka (NCBTMB)). Nacfiyada loogu talagalay ardayda qaadata shahaadadani waa wax muhiim ah, gaar ahaan haddii ay qorsheynayaan inay ku shaqayso meel ka baxsan Minnesota Barnaamijka waxaa sidoo kale ansaxiyay Komishanka Aqoonsiga Daweynta Duugduugista.



## Astaamaha Gaarka ah ee Barnaamijka

- Barnaamij wakhti-buuxa ah oo ardayda-ku habboon, oo leh laba fursadood oo jadwal ah: qaab fiidkii-asbuuca dhammaadkiisa ah oo loogu talagalay ardayda shaqaysa iyo hadda jadwalka maalinta caadiga ah
- Xarunta Duugduugista oo Kulliyada ku Dhextaalla, oo gacmaha Ardaydu kaga shaqaynayaan si loo xoojiyo xiriirka, adeega iyo maaraynta xirfadaha ganacsiga
- 100% ku meelaynta shaqada
- Fursado gacan-ku-qabasho iskaa wax u qabso ah si aad u taageerto kooxaha bulshada iyo munaasabadaha

Haddii aad doonayso waxbarasho sare, tixgeli xulashada heerka AAS ee Ridgewater. Tani waxay ballaarintaa dibloomada daaweynta duugduugista waxayna bixinaysaa khibrad waxbarasho oo ballaaran iyadoo lagu dhameystirayo manhajka daaweynta duugduugista koorsooyinka waxbarashada guud, oo ay ku jiraan xooga saarista xiriirka iyo kartida xiriirka dadka dhexdooda sida cilmu-nafsiga iyo cilmiga bulshada. Xulashadan ayaa wanaagsan haddii aad rabto inaad sare u qaado tartankaaga suuqa shaqada, gaar ahaan xarumaha daryeelka caafimaadka.

## Macluumaadka Xirfadda

Saadaasha kobaca shaqada Maraykanka ee 2016 - 2026 waa 26%, oo ka mid ah shaqooyinka ugu koritaanka badan.

Xigasho: U.S. Bureau of Labor Statistics

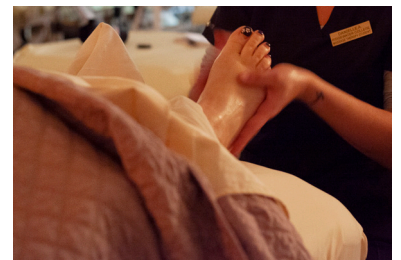
## Shahaadooyinka

Ku Daaweynta Duugduugmada  
AAS Degree - 60 dhibcood  
Dibloomada - 32 dhibcood

## Ballan u samayso Booqasho & Codso Maanta!

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[ridgewater.edu/applynow](http://ridgewater.edu/applynow)

Galay Kaalinta #1 ee  
Kulliyadaha Bulshada ee  
Minnesota iyo 20ka Ugu  
Sarreeya Maraykanka,  
2020 & 2021 *niche.com*



**RIDGEWATER**  
COLLEGE

Xubin katirsan Gobolka Minnesota

Ridgewater College waa tallaabo xaqiijin ah, shaqo bixiye iyo waxbare fursado loo simanyahay. Dukumi-intigaan waxa lagu heli karaa qaabab kale oo loogu talagalay shaqsiyaadka naafada ah; macaamiisha qaba naafonimada maqalka ama hadalka ayaa nagula soo xiriiri kara iyadoo adeegsanaya Adeegga Lalisks ee ay Doortaan. 3/2021 P370

Maajo 2021: Tarjumadan waxaa maalgelisay deeqda RC Perkins grant. Si aad u hesho macluumaadkii ugu dambeeyey ee barnaamijka, booqo [ridgewater.edu](http://ridgewater.edu) oo ka dooro turjubaanka Luqadda ee af Soomaaliga.

# Massage Therapy

[ridgewater.edu/massage](http://ridgewater.edu/massage)



Hutchinson and Willmar Campuses

## About the Program

Massage Therapy offers a variety of options for students interested in becoming a massage therapist.

Learn massage techniques used for full-body, partial-body, and seated-chair massage. Study a variety of unique techniques:

- Swedish Massage
- Therapeutic Techniques
- Myofascial Release
- Hot Stone Therapy

Gain experience also with:

- Cupping
- Ancillary Therapies
- Essential Oils
- Sports Massage

Program courses cover related areas of anatomy, physiology and pathology for massage, business operations, holistic and integrative health topics, communications and marketing, and clinical experience in the on-campus Ridgewater Student Massage Center.



Assigned school through the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB). The benefit for students who obtain this certification is significant, especially if planning to practice outside Minnesota. Program also endorsed by the Commission of Massage Therapy Accreditation.



## Program Distinctions

- Student-friendly, full-time program with two schedule options: an evening-weekend format for working students and now a traditional daytime schedule
- On-site, hands-on Student Massage Center to strengthen communication, service and business management skills
- 100% job placement
- Industry-experienced staff who are current on the latest therapies
- Volunteer hands-on opportunities to support community groups and events

If you seek a higher level of education, consider Ridgewater's AAS degree option. This expands on the Massage Therapy diploma and provides a broader educational experience by complementing the Massage Therapy curriculum with general education courses, including emphasis on communication and interpersonal competencies such as psychology and sociology. This option is good if you want to maximize your competitiveness in the job market, especially in healthcare facilities.

## Career Info

Projected U.S. job growth for 2016-2026 is 26%, among the fastest growing careers.

Source: U.S. Bureau of Labor Statistics

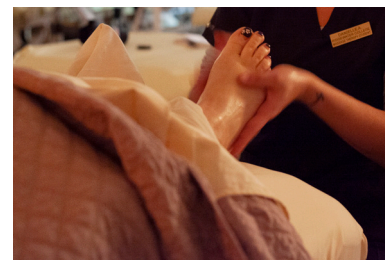
## Degrees and Certificates

Massage Therapy  
 AAS Degree - 60 credits  
 Diploma - 32 credits

## Schedule a Visit & Apply Today!

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Ranked Minnesota's  
 #1 Community College  
 and US Top 20,  
 2020 & 2021 *niche.com*



**RIDGEWATER**  
 COLLEGE

A Member of Minnesota State

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