

# Massage Therapy

[ridgewater.edu/massage](http://ridgewater.edu/massage)



Hutchinson and Willmar Campuses

## About the Program

Massage Therapy offers a variety of options for students interested in becoming a massage therapist.

Learn massage techniques used for full-body, partial-body, and seated-chair massage. Study a variety of unique techniques:

- Swedish Massage
- Therapeutic Techniques
- Myofascial Release
- Hot Stone Therapy

Gain experience also with:

- Cupping
- Ancillary Therapies
- Essential Oils
- Sports Massage

Program courses cover related areas of anatomy, physiology and pathology for massage, business operations, holistic and integrative health topics, communications and marketing, and clinical experience in the on-campus Ridgewater Student Massage Center.



Assigned school through the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB). The benefit for students who obtain this certification is significant, especially if planning to practice outside Minnesota. Program also endorsed by the Commission of Massage Therapy Accreditation.



## Program Distinctions

- Student-friendly, full-time program with two schedule options: an evening-weekend format for working students and now a traditional daytime schedule
- On-site, hands-on Student Massage Center to strengthen communication, service and business management skills
- 100% job placement
- Industry-experienced staff who are current on the latest therapies
- Volunteer hands-on opportunities to support community groups and events

If you seek a higher level of education, consider Ridgewater's AAS degree option. This expands on the Massage Therapy diploma and provides a broader educational experience by complementing the Massage Therapy curriculum with general education courses, including emphasis on communication and interpersonal competencies such as psychology and sociology. This option is good if you want to maximize your competitiveness in the job market, especially in healthcare facilities.

## Career Info

Projected U.S. job growth for 2016-2026 is 26%, among the fastest growing careers.

Source: U.S. Bureau of Labor Statistics

## Degrees and Certificates

Massage Therapy

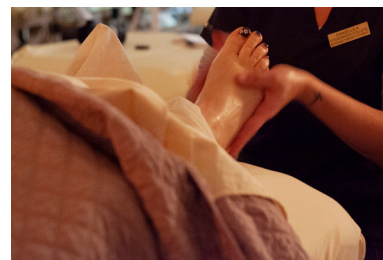
AAS Degree – 60 credits

Diploma – 32 credits

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#1 Community College  
and US Top 20,  
2020 & 2021 *niche.com*



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